

Working Time Regulations – 48 Hour Week Opt Out

The Working Time Regulations 1998 (as amended), effective from 1 October 1998, state that a worker's average working time shall not exceed 48 hours per week on average over a 17 week period (or other reference period as agreed), unless the worker agrees in writing that the limit shall not apply in his/her case.

You have indicated your agreement to work in excess of an average of 48 hours per week. Please sign the declaration below and return the form to your line manager.

The Company is required to retain this form to allow for inspection by the enforcing authority.

DECLARATION

I agree to work, when necessary, in excess of 48 hours per week. I understand that I may terminate this agreement at any time subject to giving 3 months' notice in writing.

Name (Block Capitals): _____

Signature: _____

Date: _____